

# Refractive Lens Exchange

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## Refractive Lens Exchange is Growing

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**Alio, J. et. al:** Proposed algorithm for ethical indications in refractive lens exchange (RLE). AL: axial length; pIOL: phakic intraocular lens; PVD: posterior vitreous detachment.



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Alio JL, Pederzolli M, Grzybowski A. Refractive lens exchange: What are the red lines? Eur J Ophthalmol. 2024 Mar;34(2):317-322. doi: 10.1177/11206721231218909. Epub 2023 Dec 7. PMID: 38062638.



Presbyopic IOL can solve 3 problems:









70-year-old +3.00 Hyperope with Presbyopia and cataract







50-year-old +3.00, presbyopia and clear lens







45-year-old plano, early presbyopia and clear lens



### Why the shift from Laser to Lens?



#### More physiologic

Modern day lens options

#### Recognition as the lens causing other problems-image







- 48 year old attorney presents for vision correction consult
- History of high myopia long-standing RGP wear. Becoming intolerant to contact lenses and can't wear them more than 8 hours. Currently not wearing readers when contacts are in
- BCVA 20/20 OD -11.00 + 3.00 x90. 20/20 OS -12.00 + 3.25 x85
- Corneal topo matches refractive cylinder
- Normal eye exam





- 52 year old commercial pilot presents for a refractive evaluation
- Struggles with glasses and can't function without. Wants to get rid of them as much as possible
- BCVA 20/20 OD +2.25 +1.00 x 75. 20/20 OS +2.50 +1.00 x135
- Unremarkable eye exam

## Case 3

- 38 year old hair stylist presents for refractive evaluation
- Pathologic myopia, cannot tolerate contacts, can't function well in glasses. Desperate to fix her eyes. Says OS has never seen well
- BCVA 20/25 OD -15.00 +3.50 x 70 20/50 OS -19.00 + 4.00 x 81
- Slightly irregular corneal cylinder
- Myopic Degeneration OS>OD



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- 56 year old cataract surgeon presents for refractive evaluation
- History of successful soft contact lens wear since childhood, now doing monovision. Getting dry eye and less able to wear CLs
- BCVA 20/20 OD -7.00 +.50 x 88 20/20 OS -7.50 + .75 x 100
- Mild dry eye





- 53 year old architect presents for a refractive evaluation
- Has enjoyed great vision without glasses since myopic LASIK in 2003 but now needs OTC readers for work, reading, computer, etc.
- Hates the readers
- UCVA 20/20+ OU . Plano OU
- Normal eye exam

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## Unique Needs of Presbyopic Patients





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#### Stage 1: Presbyopia

Stage 2: Lens yellowing and haze



#### Stage 3: Cataract





Е	1	20/200
ГΡ	2	20/100
ΤΟΖ	3	20/70
LPED	4	20/50
РЕСГD	5	20/40
EDFCZP	6	20/30
FELOPZD	7	20/25
DEFPOTEC	8	20/20
LEFODPCT	9	
FDPLTCEO	10	
PEZOLCFTD	11	





#### Stage 2: Lens yellowing and haze





Quality 20/20 Or Not Quality 20/20

## HD Analyser

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## HD Analyser

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## Lens Density Measurement





## Lens Density Measurement







## **Refractive Lens Exchange:** What Is the Real Risk of Retinal Detachment?





## Lens Density Measurement

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Post-surgical incidence of RD vary greatly in the literature ranging from **0.2% to 3.6%** 

The 10-year PRD incidence after phacoemulsification was identified as being between 0.36 and 2.9%.

This decreases over time to 0.1–0.2% annually but remains above the general population.



Javitt JC, Vitale S, Canner JK, Krakauer H, McBean AM, Sommer A. National outcomes of cataract extraction. I. Retinal detachment after inpatient surgery. Ophthalmology. 1991;98:895–902. Javitt JC, Street DA, Tielsch JM, et al. National outcomes of cataract extraction. Retinal detachment and endophthalmitis after outpatient cataract surgery. Cataract Patient Outcomes Research Team. Ophthalmology. 1994;101:100–5.

Clark A, Moriet N, Ng J, Preen D, Semmens J. Risk for retinal detachment after phacoemulsification: a whole-population study of cataract surgery outcomes. Arch Ophthalmol. 2012;130(7):882–8. Tuft SJ, Minassian D, Sullivan P. Risk factors for retinal detachment after cataract surgery: a case-control study. Ophthalmology. 2006;113:650–6

Tielsch JM, Legro MW, Cassard SD, et al. Risk factors for retinal detachment after cataract surgery: a population-based case-control study. Ophthalmology. 1996;103:1537–45

### Considering Refractive Lens Exchange?



#### **Recommendations:**

Perform preoperative assessment and consider retina specialist consult

PVD is good

Lattice is not good

Consider prophylactic treatment to retinal lesions that matter

### Presbyopic Emmetrope-Surgical Comparison

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	Corneal Refractive Surgery	Refractive Lens Exchange
Risks	Corneal	Intraocular
Reading	One Eye	Both Eyes
Stereopsis	Reduced	Preserved
Cornea	Steepened	Untouched or low corr.
Cornea epithelium	Variable thickness	Uniform thickness
HOAs	Variable	Precise
Dry Eye	More	Less
Cataract Surg IOL	Less Options	All Current Options
Optical System	Changing	Stable
Correction	Temporary	Permanent

### Trifocal/Full Range Lens Experience-Vance

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	Alcon: PanOptix and PanOptix Toric	Х
	JnJ: Synergy and Synergy Toric	Х
	JnJ: Odyssey and Odyssey Toric	Х
	Lenstec: ClearView 3	Х
	BVI: FINEVISION HP and FINEVISION HP Toric	
	B&L Envista Trifocal and Evista and Triocal Toric	
	Zeiss: AT LISA TRI and AT LISA TRI Toric	
	Rayner: RayOne Trifocal and Trifocal Toric	

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#### Refractive Lens Exchange for the Presbyopic Emmetrope





## Refractive Lens Exchange for the Presbyopic Emmetrope

## Thank You

Vance Thompson, MD

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Vance Thompson Vision

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