

#### Diagnostics to Help Match the Advanced Implant to the Patient

Dagny Zhu, M.D. and Richard Tipperman, M.D.

#### \*All relevant financial relationships have been mitigated.

**O**ASCRS **Financial Disclosures** BUSINESS of REFRACTIVE CATARACT SURGERY SUMMIT ACE Vision – A, C Lensar - C, R Visus Therapeutics- C • • Alchemy Vision- C Lenstec- C • Alcon- A, C, R NovaBay - A ٠ A = advisorOculotix – A, C, O Allergan/Abbvie- C, S • C = consultantBausch & Lomb – C, S

Bruder - C ۲

۲

٠

٠

٠

- Epion R, C ٠
- Eyesafe- A, O ۲
- Eyenovia- C ۰
- Glaukos- O, C ۲
- iOR Partners C ٠
- Johnson & Johnson- C ٠

- Ocuphire C •
- Radius XR- A, C, O ٠
- Santen S •
- STAAR- C •
- Tarsus- C •
- **Trefoil Therapeutics C** ٠
- Trukera C •
- Vialase C •

- S = speaker's bureau
- R = research
- O = stock owner/options

## When do you perform diagnostic testing?

**O**ASCRS

BUSINESS of REFRACTIVE CATARACT SURGERY

- Before seeing the doctor?
- After seeing the doctor?
- At a second visit?
- What testing do you do?
- Is there a way to do things better?

# **Must-Have Diagnostics**



- Optical Biometer (spectral-domain vs swept-source)
  - Deeper light penetration: SS-OCT uses longer wavelengths (1055–1300 nm) to penetrate opaque lenses better than other methods.
  - Long-range imaging: SS-OCT can image the posterior segment of the eye.
  - Quality control: SS-OCT can perform a small central macular scan to assess the patient's fixation, which can affect the final IOL power calculation.
- A-scan (immersion) now rarely needed
- Topographer
  - Placido disc topography detects regular vs irregular astigmatism
  - Tomography detects subclinical ectasia (Pentacam)
  - Tomography + placido disc topography (Galilei)
  - Topography + wavefront aberrometry (iTrace, OPD III)
  - AS-OCT + placido disc topography (MS-39)
  - Topography/tomography + biometry (Pentacam AXL, Galilei G4, Heidelberg Anterion)



## **Topographic Patterns**





# **Gold Standard for Detecting Ectasia**

#### **GASCRS** BUSINESS of REFRACTIVE CATARACT SURGERY SUMMIT —

# 3 strikes! You're OUT!



#### **O**ASCRS Must-Have Diagnostics: Posterior Pole Imaging CATARACT SURGERY

- OCT optic nerve (RNFL, GCC) and macula
- Which IOL would you use? • Assess for subclinical glaucoma and macular disease
  - Assess vitreous macular interface



### Must-Have Diagnostics: Epithelial Mapping



### Post-Hyperopic or Myopic LVC?





## Post-Hyperopic or Myopic LVC?



A Prolate cornea is steeper in the center and flatter in the periphery

An Oblate cornea is flatter in the center and steeper in the periphery



# Post-Hyperopic or Myopic LVC?



Q value describes the rate of radial curvature of the cornea and can be used to determine whether myopic or hyperopic LVC has been performed

Average Q value is -0.27

After hyperopic ablation the Q value becomes more negative

After myopic ablation the Q value becomes more positive





#### Case study: 53 yo M plano presbyope (J16) wants to be glasses free

#### How would you proceed?



#### 2 weeks after aggressive lubrication

**G**ASCRS

BUSINESS of REFRACTIVE CATARACT SURGERY

SUMMIT



#### When in doubt...

**GASCRS** BUSINESS of REFRACTIVE CATARACT SURGERY SUMMIT —

#### **REPEAT REPEAT REPEAT!**

# Diagnostic Testing & The Tear Film



- What testing modalities do you utilize?
- What do you say to the patient who says "I have dry eye will that affect my cataract surgery or will my dry eye get worse?"
- What is your approach to managing a patient with a poor preoperative tear film?

#### Must Have Diagnostics: Tear Osmolarity



Hyperosmolar patients were defined, within the protocol, as osmolarity > 316 mOsm/L

Epitropoulos AT et al. J Cataract Refract Surg. 2015 Aug;41(8):1672-7

**G**ASCRS

BUSINESS of REFRACTIVE CATARACT SURGERY

# **Decrease Your Postop "Unhappy" Rate Business of Refractive Cataract Surgery Summit**

Confirm Normal Osmolarity Confirm Abnormal Osmolarity

 300
 316
 320
 340

 Increased Confidence:
 Therapeutic Candidates: Recurring Maintenance

 ATIOL Recommendation
 Plugs (test / treat / re-test)

- In-Office MGD Treatment (test / treat / re-test)
- IPL Treatment (test / treat / re-test)

#### **Diffractive IOL**



#### **Extended Depth of Focus IOL or monofocal IOL**



#### When You Miss Dry Eye at the Slit Lamp...

Which IOL
would you use?



**Preop SLE** 

	ANESTHETIST: None	Ocular Surface Health
		Questionnaire
	SURGEON:	
		NAME
Alter	ASSISTANT:	Check all symptoms experienced since last visit.
		X Dry Eyes
	INDICATIONS: Decreased VA to	Redness X Month ~ K
1	INDICATIONS: Decleased VA to	Burning
	- FINDINGS:	□ Itching ✓ Light sensitivity
Ų—	FINDINGS:	Excessive tearing/watery eyes
		Tired eyes/eye fatigue     Stringer and the eyes are stringer and the eyes are
	PROCEDURE: Phaco/IOL	Stringy mucous in or around the eyes Foreign body sensation
	1	Contact lens discomfort
		Scratchy, feeling of sand or grit in eye
	PATHOLOGY (Specimen removed)	
		Have you used any eye drops in the last 2 hours? I Yes I No
	ESTIMATED BLOOD LOSS: Minim	FOR OFFICE
		USE ONLY Doctor's Order Initials Date 3 23 27
		255 11
	COMPLICATIONS.	Right Eye (OD) <u>SOS</u> Left Eye (OS) <u>JII</u> (mOsms/L)
	IOR#:	Inter-eye difference is > 8mOsm/L
	JOB#.	Osmolarity 🗔 Normal 🗔 Abnormal
		Patient Dry Eye Severity Mild Moderate Severe
		Schedule for Dry Eye Workup 🗌 Yes 🔲 No

#### Case Study: Cataract patient desires spectacle independence

**GASCRS** Business of Refractive Cataract Surgery — summit —



"Oh yeah, doc...I did have LASIK surgery > 30 years ago."

#### **Assess Higher Order Aberrations**



# Which IOL would you implant?



• I implanted non-diffractive EDOF IOLs with micro-monovision (monofocal plus, smallaperture, light-adjustable not available at the time)

#### Post-op UDVA

- OD 20/40 (-0.50 D)
- OS 20/20 (plano)
- OU 20/20 J2

### Pupil Size, HOAs, Angle Kappa/Chord Mu

- **O**ASCRS Business of Refractive Cataract Surgery — <u>summit</u> —
- How do each of these measurements affect your decision making about advanced technology IOL choices?
  - Do you have any specific criteria or cutoffs that you find helpful?
- What technologies do you find helpful for assessing each of the above
- How would you manage .75D of astigmatism
- How much asymmetric astigmatism or "floppy bowtie" is too much?
  - Are there additional tests that you find helpful in these situations?

- Chord Mu is the distance between the pupil center and the visual axis while Angle Alpha is the distance between the center of the limbus (corneal center) and the visual axis.
- Angle kappa is the angular value between the pupillary axis and the visual axis

Some have suggested that chord mu values greater than .4mm to .6mm are associated with a higher incidence of glare and halo in patients with multifocal IOLs

A 2024 peer review article published in Clinical Ophthalmology did not find any association between angle kappa and patient satisfaction with multifocal IOLs.

#### What To Do With "Mild Irregular Astigmatism?





Out of CLs long enough? Does the corneal cylinder match the keratometric and spectacle cylinder? Patient's Age? Have they had good vision in past?

### Summary: My Preop Diagnostics Checklist

**O**ASCRS

BUSINESS of REFRACTIVE CATARACT SURGERY

- Topography/tomography (2-3 devices)
  - Assess for irregular astigmatism and ocular surface disease
  - Assess total HOAs at 4mm and SA at 6mm
- Optical Biometry (2 devices)
- OCT Macula/Optic Nerve
  - Pay attention to vitreomacular interface and vitreous opacities
- Specular Microscopy
- Tear Osmolarity
- OCT epithelial map (optional)
  - Only if Ks and axes are very inconsistent (EBMD suspect) or post-LVC